



# Event Guide 2023 AusCycling National Cyclocross Series

Round 1 | Saturday 20 May Round 2 | Sunday 21 May

Perth, Western Australia

**Hosted by:** 

Perth Mountain Bike Club | WA Cyclocross





# **C**ontents

1.	Acknowledgement of Country	3
2.	Intro to WA Cyclocross & Perth Mountain Bike Club	3
3.	2023 AusCycling National Cyclocross Series	3
4.	Race Categories	4
5.	Event details	5
6.	Schedule	5
7.	Entry   Registration   Membership requirements	7
8.	Number placement   Transponders	7
9.	Course Location	8
10.	Practice	9
11.	Start area   Rider call ups	10
12.	Pits	10
13.	Feeding   Hand-ups	11
14.	Timing and results	11
15.	Presentations	11
16.	Anti-doping	11
17.	Facilities	11
18.	Event staff	13
19.	Medical	13
20.	Sponsors	14
21.	Additional resources and information	14
22.	Document change log	15

All photos credited to Mark Uzii

Insta: @markuzii

# 1. Acknowledgement of Country

WA Cyclocross and Perth Mountain Bike Club acknowledge the traditional owners of the Wadjak boodjar (Perth land) on the banks of the Derbal Yerrigan (Swan River), on which we gather to enjoy our sport; the Whadjuk people of the Noongar nation. We pay respect to Elders past, present and emerging. We acknowledge not only this ancestral relationship, but also the ongoing deep feelings of attachment and relationship of the people of the Noongar nation to Country. We recognise the unique and incomparable contribution the Whadjuk people have made and continue to make to our culture and in our community. The land on which we live, meet and thrive as a community always was and always will be Noongar land.

# 2. Intro to WA Cyclocross & Perth Mountain Bike Club

Western Australian Cyclocross, otherwise known as WACX, is a small but dedicated bunch of people who love riding, and racing, their bikes. We hold cyclocross events and races for all age groups – from kids on balance bikes, right through to men's and women's elite racing, and everything in between.

WACX held its first race on 3 December 2011 at Claremont Showgrounds. The racing was part of the Sweat and Sand Cyclocross Series, and since then it has gone from strength to strength. We now have an annual <u>racing calendar</u> that is backed by a big community of cyclocross-loving riders and their supporters.

It may surprise some, but WACX isn't a club. We operate under the umbrella of the Perth Mountain Bike Club (PMBC). PMBC was formed in 1988 with most members residing in the Perth metro area. PMBC runs events in cross country mountain bike racing at locations within one to three hours from Perth, offering a fun environment in which you can improve your skills and fitness.

PMBC is affiliated with AusCycling, the peak body for cycle sport in Australia. PMBC and WACX is run entirely by volunteers. You can join PMBC through the AusCycling website and select PMBC as your Club or consider a "Club Add on" to your primary Club membership to support those who facilitate our racing.

# 3. 2023 AusCycling National Cyclocross Series

The 2023 AusCycling National Cyclocross Series (the Series) is a competition which includes national-level cyclocross (CX) events which occur throughout the year. The Series is designed

to encourage participation and recognise individual rider achievement. The 2023 Series will consist of eight (8) rounds, plus the National Championships.

- Round 1-2 | 20-21 May | Perth, Western Australia
- Round 3-4 | 3-4 June | Adelaide, South Australia
- Round 5-6 | 17-18 June | Ipswich, Queensland
- Round 7-8 | 8-9 July | Sydney, New South Wales
- 2023 AusCycling Cyclocross National Championships | 19-20 August | Ballarat, Victoria

Further information about the Series can be found on the AusCycling website.

# 4. Race Categories

Race categories are based on a rider's age as at 31 December 2024, to align with the UCI approach to the year of competition.

Please note that there is no U23 category for the National Cyclocross Series.

AusCycling National Cyclocross Series Categories – 2023					
Category Name	Age	Code	Years		
Elite	19 years and over	ME; WE	2005 and older		
Expert	19-29 years	MX; WX	1995 to 2005		
Masters 1	30-34 years	M1; W1	1990 to 1994		
Masters 2	35-39 years	M2; W2	1985 to 1989		
Masters 3	40-44 years	M3; W3	1980 to 1984		
Masters 4	45-49 years	M4; W4	1975 to 1979		
Masters 5	50-54 years	M5; W5	1970 to 1974		
Masters 6	55-59 years	M6; W6	1965 to 1969		
Masters 7	60-64 years	M7; W7	1960 to 1964		
Masters 8	65-69 years	M8; W8	1955 to 1959		
Masters 9	70-74 years	M9; W9	1950 to 1954		
Junior (U19)	18 years and under	MJ; WJ	2006, 2007		
U17	16 years and under	M17; W17	2008, 2009		
U15	14 years and under	M15; W15	2010, 2011		
U13	11-12 years	M13, W13	2012, 2013		

### 5. Event details

- Round 1 presented by Mayeur Cycling Apparel | 20 May 2023
- Round 2 presented by Wembley Cycles | 21 May 2023

Both rounds will be held at the same location, Garvey Park, but the course for each day will be slightly different. The events will be run according to the <u>AusCycling Technical Regulations:</u> Cyclo-cross as published on the AusCycling website.

All up to date information will be available via the:

- WACX website | wacyclocross.org
- WACX Facebook page | https://www.facebook.com/groups/562255490470022/
- @wacyclocross Instagram account | <a href="https://www.instagram.com/wacyclocross/">https://www.instagram.com/wacyclocross/</a>

We'd love to share in your experiences of racing with us in Perth. Please use the official event hashtags when posting to social media:

#NCXS23 #AusCycling #WACX #wacyclocross

# 6. Schedule

The schedules for Saturday and Sunday are slightly different. All racing will take place slightly later on Saturday, due to Garvey Park hosting a local 5km Parkrun from 8:00am to 9:00am.

The following is a draft schedule for each day's racing. This is provisional and subject to change based on final entry numbers. Waved starts will be used for races where multiple categories are racing at the same time.





Saturday, 20 May 2023				
Time	Category	Race duration and additional info		
0800 – 1430	Registration open			
0900 – 1000	Course open for practice	Important: The local Parkrun event must		
		finish before the course can be opened.		
		Stay off the course until Parkrun finishes.		
1000 – 1015	Little Crossers, Kids U9 & Kids U11	15 minutes (on shortened course)		
1030 – 1100	Under 17 Men, Under 17 Women	30 minutes		
	Under 15 Men, Under 15 Women	20 minutes		
	Under 13 Men, Under 13 Women	15 minutes		
1115 – 1200	Masters 5 – 8 Men	45 minutes		
	Masters 5 – 8 Women			
	Open Women (non-series)			
1215 – 1300	Expert Men	45 minutes		
	Junior Men (U19)			
	Masters 1 – 4 Men			
	Open Men (non-series)			
1300 – 1330	Course open for practice	30 minutes		
1315 – 1345	Presentations	30 minutes		
1345 – 1445	Elite Women	50 minutes		
	Expert Women	45 minutes		
	Junior Women (U19)			
	Masters 1 – 4 Women			
1500 – 1600	Elite Men	60 minutes		
1615 – 1645	Presentations	30 minutes		

Sunday, 21 May 2023					
Time	Category	Race duration and additional info			
0800 - 1400	Registration open				
0830 – 0930 Course open for practice					
0930 - 0945	Little Crossers, Kids U9 & Kids U11	15 minutes (on shortened course)			
1000 – 1030	Under 17 Men, Under 17 Women	30 minutes			
	Under 15 Men, Under 15 Women	20 minutes			
	Under 13 Men, Under 13 Women	15 minutes			
1045 – 1130	Masters 5 – 8 Men	45 minutes			
	Masters 5 – 8 Women				
	Open Women (non-series)				
1145 – 1230	Expert Men	45 minutes			
	Junior Men (U19)				
	Masters 1 – 4 Men				
	Open Men (non-series)				
1230 – 1300	Course open for practice	30 minutes			
1245 – 1315	Presentations	30 minutes			
1315 – 1415	Elite Women	50 minutes			
	Expert Women	45 minutes			
	Junior Women (U19)				
	Masters 1 – 4 Women				
1430 – 1530	Elite Men	60 minutes			
1545 – 1615	Presentations	30 minutes			

# 7. Entry | Registration | Membership requirements

This Series is open to members of AusCycling who hold a Race All-Discipline or Race Off-Road membership and meet Event Category eligibility. Non-Series categories can be entered by temporary members.

Entries via <a href="https://entryboss.cc/calendar/wacx">https://entryboss.cc/calendar/wacx</a> close on Wednesday, 17 May 2023. Late entries are not permitted.

On the day entries are available only for Little Crossers, Kids U9 and Kids U11 riders. Entries for these kids categories will close 20 minutes before start of the race.

# 8. Number placement | Transponders

### Race numbers and number placement

Each rider will be issued three (3) race numbers -1 x large number for rear of jersey and 2 x small numbers for front of arms. The position of these numbers is critical to correct placing of riders in the results. While we are using a transponder system, we still rely on your race number to be easily read.

Shoulder numbers are to be worn on the bottom of your jersey sleeves (short sleeves), with the numbers facing forward. The large number is to be worn on the middle, lower back of the body. Make sure when in a riding position your number doesn't fold over or flap. Do not fold or cut your race number. If you need more pins, please ask at the registration desk.



You will use the same numbers on Saturday and Sunday. Numbers do not need to be returned at the end of racing.

### **Transponders**

Transponders will be used for timing purposes. All riders will be issued with a transponder which <u>must be returned at the end of the weekend's racing</u>. The transponder must be mounted to the forks of your bike with the provided zip/cable tie.

You will use the same transponder on Saturday and Sunday. If you are racing on both days, you may keep the transponder fitted to your bike on Saturday night, but you must return it after your race on Sunday.

If you use a pit bike, both the bike you start the race on and the pit bike must have a transponder fitted.

Additional transponders can be requested for an additional \$10.00 when registering via EntryBoss. You must not share a pit bike with a timing tag with a competitor in your race.

Your transponder must be returned after your final race of the weekend. A \$150 fee will apply for any transponders not returned.

# Use cable tie to fit transponder to forks of your bike



# 9. Course Location

### Race venue

The home of WACX is Garvey Park, so it's fitting that both rounds of the Perth leg of the series are taking place at this epic venue.

Garvey Park is located at the river end of Fauntleroy Avenue in Ascot. The remnant vegetation in the park is of high conservation value. The park is 12km east of the Perth CBD, and only 10km from Perth Airport.

The park has a picnic and barbecue area, as well as a children's playground and a half basketball court. The park is also home to Ascot Kayak Club and the Ascot Riverside Kiosk.

### Course map

The below is indicative of the race course, but is subject to change. Once the course has been inspected and approved by the race commissaires, it will be opened for riders to practice on. Refer to the race-day schedule for official course practice times.



# 10. Practice

There are two official practice periods for each day, as listed on the schedule above. The course will be declared open for practice by the President of the Commissaires Panel (PCP) prior to each period. It is not permitted for competitors to ride on the course outside of the official practice periods (as per race schedule), or while a race is in progress.

Riders must have signed on and have a race number visible during the official practice sessions.

Riders are reminded of National Technical Regulations which state that penalties may be applied to a rider who shows ".... negligence with respect to land on which a race is being conducted..." or "... proven disregard of land use policies set by official management ..."

# 11. Start area | Rider call ups

Courses will have a designated starting chute, with a staging area behind the starting grid. Riders must present to the staging area 10 minutes before the start of their race and will be called to the line one by one in the start order.

In the National Series, the start order will be as described by AusCycling. In the non-series events (Little Crossers, U9, U11 and Open), riders will be started in order of registration. Bicycles may be inspected in the staging area and riders will not be able to take the start if their bicycle does not comply with the regulations. If a rider is not present or their bicycle is not compliant, they will forfeit their call up position in the grid, and may only proceed to the line when they present and/or their bicycle is approved.

Note: Call-ups will not be changed between rounds on a double-header weekend.

Where multiple categories are allocated the same start time in the schedule, riders shall be called up and staged by category. Where categories have insufficient riders to fill a complete start grid, they may be started together in a wave. The gaps between the start waves will be determined by the PCP.

For races where multiple categories of racing occurs at the same time, the number of laps to be ridden, and hence the end of the race, will be calculated by the first category, regardless of the waves.

### **12.** Pits

Courses will have a double pit area. This is the only area where riders may receive technical assistance and change wheels and/or bicycles. Spectators are not allowed in the pit area. Riders should not gather in the pit area except to receive service. A neutral service may be provided but not relied upon.

No water supply is available in the pits, but the wash station will be in the area.

It is required that timing tags/transponders are hired and installed on pit bicycles. Additional tags can be ordered and paid for with your entry in EntryBoss for \$10.

# 13. Feeding | Hand-ups

Feeding or hand-ups (handing up of food and drink to riders by support staff) is not permitted, unless the PCP specifically announces that feeding may take place. This can only be expected when race-day temperatures are likely to reach 20 degrees. In this case, feeding may be allowed from the pit lane only. This does not preclude carrying or consuming food and drink during the race.

# 14. Timing and results

Live timing may be available. If available, a link will be published closer to the race date. Results will remain provisional until published online by AusCycling.

# 15. Presentations

There will be two (2) presentation ceremonies each day as shown on the race schedule. All riders who place 1st to 5th in Elite, or 1st to 3rd in other categories are required to be present at presentations. Non-attendance may result in forfeiture of any prizes.

Podium placegetters may wear a hat and have sunglasses placed above their head or around their neck, but must not cover their eyes while on the podium.

AusCycling medals will be presented to 1st, 2nd and 3rd placegetters in each category.

# 16. Anti-doping

All races will be conducted under AusCycling and Sports Integrity Australia regulations.

# 17. Facilities

### **Parking**

Car parking is available on-site. It is not permitted to drive or park vehicles on the parkland, other than approved event vehicles.

### **Team Tents**

Teams and individuals are encouraged to set up tents in the area designated. It is preferable that tents are weighted.

### **Wash Station**

Troy and Wayne from <u>Rota Moulding</u> are kindly helping out with a bike wash station, which will be situated near the pits.

### **Toilets | Change Rooms**

Flushing toilets (near Kiosk) available - toilet paper is brutal BYO soft stuff.

### **Food and Beverages**

There will be delicious treats for sale each day. Please support those who support us!

- Nowhereman Brewing Co:
  - Will be serving up their exceptional beers in a designated area for over 18s only (ID may be requested)
- Driftwood Mobile Cafe:
  - Coffee, cold drinks and cafe food; including wraps, sandwiches and rolls
- Oishii Modern Japanese Street Food:
  - One of Perth's favourite Japanese mobile providores
- Ascot Riverside Kiosk:
  - Will be serving up CX-themed meal deals

### **Accommodation**

Garvey Park is only 6 minutes from Perth Airport, so riders visiting from interstate may not need to rent a vehicle. There is a variety of accommodation between the airport and race venue, concentrated along the corridor that follows Great Eastern Highway.

### 18. Event staff

### **Event Staff**

Race Director: Stuart Carson

Event Manager: Tanya Matear | wacyclocross@gmail.com | 0422 991 763

Commentator: Jethro Nagle from The Press Room podcast

### **Commissaire Panel**

President of the Commissaire Panel: Lorraine Schutz

Commissaire Panel: Sam Bolton, Richard Barville and Tony Tucknott

# 19. Medical

First aid will be available on site in case of emergency, provided by St John's. You may seek medical assistance near the designated First Aid Area at any time during the event.

The nearest hospital:

St John of God Midland Public Hospital

corner of Yelverton Drive and Centennial Place,

Midland WA 6056

# 20. Sponsors

WACX is sponsored and supported by a range of local businesses. Please support those who support us by shopping local.



# 21. Additional resources and information

- AusCycling CX 2023 AusCycling National Cyclo-cross Series Guide
- All events will be conducted in accordance with the AusCycling Technical Regulations:
  - o Technical Regulations: General
  - o <u>Technical Regulations: Cyclo-cross</u>
- UCI Regulations
  - o Equipment

# 22. Document change log

Date	Version no.	Notes
11/4/23	V1	Original
18/4/23	V1.1	Section 18. Event staff:
		<ul><li>Added commissaire panel</li><li>Added event manager contact email and mobile</li></ul>
16/5/23	V1.2	Section 9. Course Location:
		- Added course map and accompanying information
19/5/23	V1.3	Section 4. Race Categories
		- Added in Masters 9 category information
		Section 8. Number placement   Transponders
		<ul> <li>Additional information added regarding number placement and transponder fitting</li> </ul>
		Section 9. Course Location
		- Published updated course map
		Section 17. Facilities
		<ul> <li>Food and Beverages – added Ascot Riverside Kiosk information</li> </ul>